

Mental Health Resources

Resources for children, adolescents, and adults that accept TNCARE and COVERKIDS:

All Ages Counseling

(865) 523-9163 9:00AM-7:00PM
816 E. Oldham Ave. Knoxville, TN 37917

- Individual / Family / Group therapy

Alternative Counseling Center

(865) 687-8990 9AM-5PM
3105 Essary Dr. Knoxville, TN 37918

- Therapy / Medication / Group therapy

Cherokee Health Systems

(865) 544-0406 8AM-5PM
2018 Western Avenue, Knoxville, TN 37921

- Therapy / CM / Medication /
Psych Testing

Complete Counseling

(865) 688-0661
4420 Whittle Springs Rd #B Knoxville, TN 37917

- Individual/ Family / ADHD/ Behavior

Health Connect America

(865) 247-7045
44505 Central Ave Pike, Suite 103, Knoxville, TN 37912

- Therapy / CM / Medication / CCFT

Helen Ross McNabb Center

(865) 523-8695 M-Th: 8AM-8PM & Fri: 8AM-5PM
600 Arthur Street Knoxville, TN 37921

- Therapy / CM / Medication / CTT /
School based / Preschool / A&D group /
Transitional living

InterFaith Health Clinic

(865) 546-7330 M-Th: 8AM-8PM Fri: 8AM-5PM
315 Gill Ave. Knoxville, TN 37917

- Therapy ONLY if you do not have
insurance (\$15/per session)

Peninsula Outpatient Center

(865) 970-9800 7AM-5PM
1451 Dowel Springs Boulevard Knoxville, TN 37909

- Therapy / CM / Medication / Inpatient

Omni Community Health

(877) 258-8795 8AM-4:30 PM
4709 Papermill Dr. NW, #103, Knoxville, TN 37909

- Therapy / CM / Medication /
CCFT / Group

Youth Villages

(865) 560-2550 8:30AM- 5:00PM
9111 Cross Park Dr, Suite E475 Knoxville, TN 37923

- CCFT / Transitional living

General Mental Health Resources

❖ Mental Health Association of East TN

- (865) 584-9125
- 9050 Executive Park Dr.
Knoxville, TN 37923

❖ NAMI (National Alliance on Mental Health)

- (865) 329-9925
- 901 E. Summit Hill Dr. SE
Knoxville, TN 37915
- NAMI TN Hotline: (800) 467-
3589

